



PROTEIN CAFÉ (VANILLA)

**Muscle Recovery, Lean Muscle Gain
Immune Support, All Natural Flavours and Sweeteners**

GEN-TEC NUTRITION: Protein Café has been formulated based upon many years of anecdotal evidence and experience. It is a blend of 5 premium proteins for fast absorption along with slow digesting proteins for sustained nitrogen retention and anabolic state.

Protein Café has been designed and formulated for commercial outlets desiring a superior quality protein powder for their aspiring consumers.

Protein Café is a very complex formulation designed for the most discerning consumer supporting their need to supplement their daily protein intake, and for the advanced consumer with a desire to maximise protein synthesis.

Protein Café is fortified with Colostrum containing 20% IgG for gut health and immune support and contains All Natural flavours, sweetener (Stevia) and colours.

INGREDIENTS: Proprietary protein blend (whey protein concentrate, milk protein isolate, calcium caseinate, egg albumen, colostrum), skim milk powder, natural flavours, emulsifier (soy lecithin), thickeners (guar gum, xanthan gum), sweeteners (stevia, sucralose).

FLAVOURS: Chocolate, Vanilla, Strawberry, Banana

SIZE: 3kg



NUTRITIONAL INFORMATION		
SERVINGS PER CONTAINER: 75		
SERVING SIZE: 40g (2 Scoops)		
	40g Serve	Per 100g
ENERGY	632kJ	1580kJ
	151Cal	378Cal
PROTEIN	27.6g	69g
FAT	1.5g	3.7g
CARBOHYDRATE		
- Total	7.2g	18g
- Sugars	5.7g	14.3g
Sodium	66mg	166mg
Potassium	220mg	551mg
Colostrum	200mg	500mg
Calcium	400mg	1000mg
Histidine	680mg	1700mg
Isoleucine	1500mg	3760mg
Leucine	2620mg	6560mg
Lysine	2230mg	5570mg
Methionine	672mg	1680mg
Phenylalanine	1190mg	2970mg
Threonine	1520mg	3810mg
Tryptophan	416mg	1040mg
Valine	1660mg	4150mg
Alanine	1050mg	2630mg
Aspartic Acid	2300mg	5750mg
Cysteine	333mg	833mg
Glutamic Acid	5360mg	13400mg
Glycine	524mg	1310mg
Proline	2220mg	5560mg
Serine	1550mg	3870mg
Tyrosine	1180mg	2960mg
Arginine	900mg	2250mg